

Goalkeeper

Technical

Aerial ability
Distribution
Reflexes
First touch
Shot stopping
Handling
Kicking

Tactical

Goal area positioning
Out-field positioning
Covering angles
1v1s
Rushing out

Mental

Game management
Decision making
Communication
Bravery
Composure
Aggression
Concentration
Body language
Decision making
Command of the penalty area

Physical

Agility
Pace
Strength
Balance
Leap
Mobility
Stamina

Centre Back

Technical

Tackling
Defending 1v1
Aerial duels
Heading unopposed
Clearances
Blocking
Passing short
Passing long
Weak foot

Tactical

Decision to leave defensive line
Starting position
Covering
Recovery runs
Reading the game
Marking
Understanding role

Mental

Game management
Communication
Bravery
Composure
Aggression
Concentration
Body language
Decision making

Physical

Agility
Pace
Strength
Balance
Leap
Mobility
Stamina

Full Back / Wing Back

Technical

Tackling
Defending 1v1
Aerial duels
Blocking
Stopping crosses
Heading unopposed
Clearances
Passing short
Passing long
Crossing
Weak foot

Tactical

Pass awareness
Distances
Sweeping in behind centre backs
Defending back post
Forward runs
Support play
Recovery runs
Covering
Reading the game
Understanding role

Mental

Game management
Communication
Bravery
Composure
Aggression
Concentration
Body language
Work ethic
Decision making

Physical

Agility
Pace
Strength
Balance
Leap
Mobility
Stamina

Defensive / Central Midfield

Technical

Receiving skills
Shooting
First touch
Hold-up play
Link-up play
Aerial duels
Heading unopposed
Passing short
Passing long
Dribbling
Weak foot

Tactical

Availability to receive
Running in-behind
Finding space between the lines
Making the box
Anticipation in the box
Pressing
Understanding role

Mental

Game management
Decision making
Communication
Bravery
Composure
Aggression
Concentration
Body language
Work ethic

Physical

Agility
Pace
Strength
Balance
Leap
Mobility
Stamina

Wide midfield / Winger

Technical

Cross volume
Cross quality
Covering distance with the ball
Combinations
Attacking 1v1
Passing
Shooting
First touch
Dribbling
Weak foot

Tactical

Availability to receive
Covering
Tracking runners
Recovery runs
Pressing
Attacking far post
Running in-behind
Finding space
Making the box
Understanding role

Mental

Game management
Decision making
Communication
Bravery
Composure
Aggression
Concentration
Body language
Work ethic

Physical

Agility
Pace
Strength
Balance
Leap
Mobility
Stamina

Attacking Midfield

Technical

Receiving skills
Shooting
First touch
Link-up play
Dribbling
Passing short
Passing long
Weak foot

Tactical

Availability to receive
Running in-behind
Finding space between the lines
Making the box
Anticipation in the box
Pressing
Understanding role

Mental

Game management
Decision making
Communication
Bravery
Composure
Aggression
Concentration
Body language
Work ethic

Physical

Agility
Pace
Strength
Balance
Leap
Mobility
Stamina

Forward / Striker

Technical

Receiving skills
Shooting
First touch
Hold-up play
Link-up play
Aerial duels
Passing short
Heading unopposed
Dribbling
Weak foot

Tactical

Availability to receive
Running in-behind
Finding space between the lines
Making the box
Anticipation in the box
Pressing
Understanding role

Mental

Game management
Decision making
Communication
Bravery
Composure
Aggression
Concentration
Body language
Work ethic

Physical

Agility
Pace
Strength
Balance
Leap
Mobility
Stamina